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## POST-TRAUMA INSTRUCTIONS

Your child has experienced the following trauma to their teeth:

- Concussion** – a traumatic blow or “bump” to the tooth injuring its supporting structures without loosening it.
- Subluxation** – an injury which bruises the surrounding structures of the tooth and its root causing the tooth to become mobile.
- Luxation** – A traumatic injury which has knocked the tooth out of position, injuring the surrounding structures of the tooth and its root.
- Avulsion** – the tooth was knocked out of the mouth.
- Fracture** – \_\_\_\_ non-complicated involving only the “hard structures”  
\_\_\_\_ complicated involving th nerve and blood supply requiring treatment of the pulp or nerve.
- Intrusion** – the tooth is pushed into the gum. A primary tooth will be monitored for re-eruption. It usually takes 6–12 months for complete eruption. Tooth may come in angled but generally tongue and lip pressure help it find its normal position.

The following is recommended for your child for their injured teeth:

1. Do stay on a soft diet in front for \_\_\_\_ days.
2. Do not bite into apples, sandwiches, etc. for \_\_\_\_ days. Cut food into small pieces and chew with back teeth.
3. Do brush teeth as usual in other areas of the mouth.
4. Keep the traumatized area clean, using !-tips and soft brushing with a 50/50 solution of hydrogen peroxide/water or glyoxide twice a day for \_\_\_\_ days.
5. Observe the teeth for color changes indicating a change in the health of the nerve and blood supply.
6. Observe the area for possible infections (increased redness, abscess, gumboil, pain & increased loosening of the affected teeth).
7. Take pain medicine as directed.  
\_\_\_\_ Children’s Motrin, Tylenol, etc.  
\_\_\_\_ Pain Prescription for Tylenol with Codeine
8. Take antibiotics as directed.
9. Follow up with our office in \_\_\_\_ weeks.
10. Put ice on lip and sleep with head slightly elevated.
11. Other \_\_\_\_\_

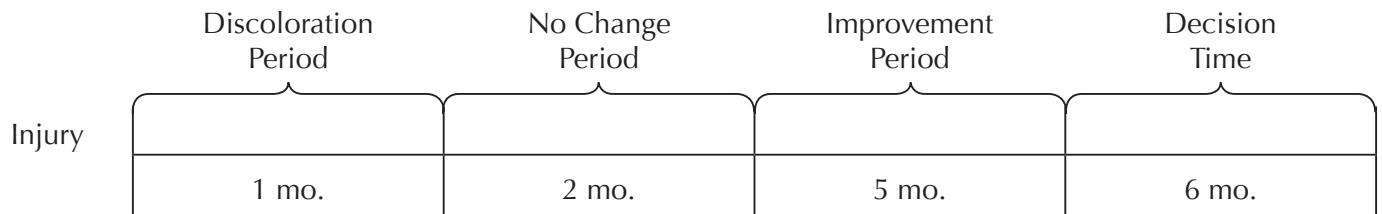
**Please follow our recommendations and follow-up appointments to assure the best possible care for your child’s dental health. Call our office at (828) 274-9220 Asheville, (828) 454-9156 (Waynesville), or (828) 454-9156 Sylva, if you have any questions. Thank you for trusting us with your child’s dental health.**

[BeGreatDental.com](http://BeGreatDental.com)

## POST-TRAUMA INSTRUCTIONS

### PRIMARY TEETH

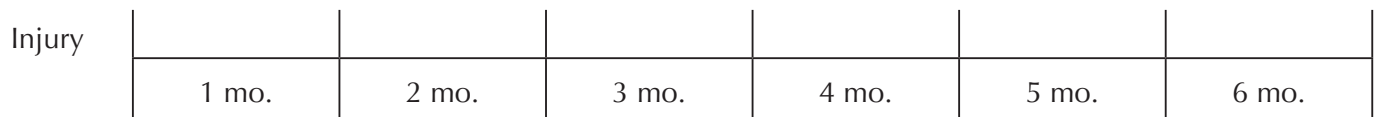
Your child has experienced the following trauma to their teeth:



After 5–6 months, if things have not improved, you have the following choices:

1. Nerve treatment and crown.
2. Watch as long as asymptomatic.
3. If watch and develops any problems (root loss, bone loss, gum boil) then tooth can only be removed. If lose tooth early, a partial can be done to replace tooth if desired.

### PERMANENT TEETH



(If tooth discolors,  
a root canal will  
be done)

Fractured teeth  
will be restored